GRAVITY
UNIFORMS

CATALOGUE AND BUYER'S GUIDE 2026

THE UNIFORM BOOK

Every industry, every style and every detail that goes into a uniform that works: cuts, fabrics, trims, branding, sizing, care and safety standards.



Gravity Uniforms · Ras Al Khaimah, UAE

gravityuniforms.com

HOW TO USE THIS BOOK

A reference for choosing uniforms that work

Whether you dress ten people or ten thousand, the same decisions come up: which garments each role needs, which fabric survives the job and the laundry, how the logo is applied and which standard applies. This book walks through each one.

01

Find your industry

Part 1 lists the roles in eleven industries, with the garments, fabrics and branding each one usually needs.

02

Choose styles by code

Part 2 draws every collar, cuff, pocket, fit and garment option with a code such as COL-02, so you can name exactly what you want.

03

Pick fabrics, trims and branding

Parts 3 and 4 explain fabrics, buttons, zips, decoration methods, logo placement, sizing and care.

04

Check standards, then send your sheet

Part 5 explains the safety standards tenders ask for, and ends with a specification sheet for your request for quotation.

Contents

Planning a uniform programme 03
How many sets each person needs 04

Part 1 · Industries 05

Corporate & office 06
Hotels & hospitality 07
Restaurants, cafés & catering 08
Medical & healthcare 09
Schools & nurseries 10
Security 11
Housekeeping & cleaning 12
Industrial workwear 13
Aviation 14
Sportswear & team kits 15
Promotional wear & events 16

Part 2 · Garment styles 17

Shirts and blouses: collars and cuffs 18
Shirts and blouses: fronts, fits and pockets 19
Polo shirts and T-shirts 20
Trousers and skirts 21
Suits, blazers and waistcoats 22
Chef and kitchen wear 23
Medical and care 24
Workwear and hi-vis 25
Outerwear, headwear and accessories 26

Part 3 · Fabrics and trims 27

Fibres, weaves and knits 28
Uniform fabrics compared 29
Finishes, climate and colour 30
Buttons and zips 31
Trims and small parts 32

Part 4 · Branding, sizing and care 33

Decoration methods compared 34
Where the logo goes 35
Measuring and sizing a team 36
Care symbols and laundering 37

Part 5 · Standards and ordering 38

Protective clothing standards, part 1 39
Protective clothing standards, part 2 40
Ordering with Gravity Uniforms 41
Uniform specification sheet 42
Glossary 43

Photography in this book is AI-generated and illustrative. Drawings are schematic. Every uniform is made to the design each client approves.

BEFORE YOU START

Planning a uniform programme in seven steps

01 **List roles, not people**
Group staff by what they do and where they work: front of house, back of house, outdoor, clinical, technical.

02 **Define the look**
Agree one palette, the level of formality for each role and the details that tie departments together: piping, buttons, scarves.

03 **Choose garments and options**
Use the style codes in Part 2 to describe collars, cuffs, pockets, fits and closures.

04 **Match fabric to the job and the laundry**
Heat, movement, chemicals and how garments are washed decide the fabric more than appearance does.

05 **Plan the branding**
Choose the method and position for each garment, and whether staff names are added.

06 **Size the team**
Use size sets, on-site measuring or a size list, one row per person.

07 **Approve a sample, then roll out**
Sign off the sample, receive orders packed per person, and plan for new joiners and reorders.

Budget by lifetime, not by price

The cheapest garment is rarely the cheapest uniform. Divide the price by the number of times it will be worn before it fades, frays or stops fitting. A durable fabric that keeps its colour through a year of washing usually costs less per wear than one replaced twice.

Plan replacements around

- Fading, fraying or worn hi-vis and FR garments
- Changes in fit or role
- New joiners and seasonal staff
- Rebrands, openings and the school year



BEFORE YOU START

How many sets does each person need?

The number of sets per person, often called the par level, is set by how often a garment is changed and how long the laundry takes to return it. These are common starting points, not rules: your shift pattern, laundry cycle and budget decide the final number.

Garment	Sets per person	Why
Shirts, blouses, polos	3–5	One worn, one in the wash, one spare; five for six-day weeks
Trousers and skirts	2–3	Usually worn more than once between washes
Blazers, jackets, waistcoats	1–2	Cleaned less often
Chef coats	4–5	Changed daily, sometimes mid-shift
Aprons	about 2× coats	Changed more often than coats
Scrubs (facility laundry)	4–5	Covers the laundry turnaround
Housekeeping tunics	4	Daily change in heat
Coveralls	3	Industrial laundry cycles
Hi-vis vests	2	Replace when faded or damaged
Caps, ties, scarves	1–2	Low wear

Worked example: a hotel

Sets per person by department, for a property with its own laundry.

Front office	4 shirts or blouses · 3 trousers or skirts · 2 jackets · 2 ties or scarves
Food & beverage	4 shirts · 2 waistcoats · 3 trousers · 4 aprons
Kitchen	5 chef coats · 4 trousers · 8 aprons · 5 hats
Housekeeping	4 tunics · 3 trousers · 4 aprons
Engineering	4 work shirts · 3 trousers, or 3 coveralls
Security	4 shirts · 3 trousers · 1 jacket · 2 caps · 1 belt

Keep a reserve

Teams change. A small reserve of the most common sizes lets new joiners start in uniform on day one while their own named set is made. Your first size list is the best guide to which sizes to hold.

01

PART 1

Industries

Eleven industries, the roles inside them and what each role needs to wear.

Corporate & office	06
Hotels & hospitality	07
Restaurants, cafés & catering	08
Medical & healthcare	09
Schools & nurseries	10
Security	11
Housekeeping & cleaning	12
Industrial workwear	13
Aviation	14
Sportswear & team kits	15
Promotional wear & events	16



GRAVITY UNIFORMS



INDUSTRY 01 / 11

Corporate & office

Office uniforms carry your brand to every reception desk and meeting. They must look sharp all day in strong air conditioning, survive weekly washing and fit every body shape in the team.

Role	Typical garments	Fabric	Branding
Reception & front desk	Shirt or blouse, trousers or skirt, blazer, tie or scarf	Poly-cotton shirting; poly-viscose suiting	Small embroidered logo on chest or blazer
Sales & customer service	Shirt or blouse, trousers, optional knit or waistcoat	Easy-care poly-cotton; stretch suiting	Chest logo and name badge
Executives & managers	Suit or blazer, shirt	Wool blend or poly-viscose; cotton-rich shirting	Discreet logo or none; made to measure
Drivers & messengers	Polo or shirt, trousers, cap	Piqué or performance knit; twill	Logo on chest and cap
Admin & support	Polo or shirt, trousers	Poly-cotton or piqué	Chest logo

What matters most

- Men’s and women’s cuts, with modest options such as longer tunics, full sleeves and coordinated headscarves
- Crease-resistant, easy-iron shirting for a fresh look at the end of the day
- A light layer, such as a blazer or knit, for staff under strong air conditioning
- The same colour and fit on every reorder, so new joiners match the team

Style options to look at

COL-01 Classic point collar · **COL-02** Spread collar · **CUF-01** One-button barrel cuff · **FIT-02** Tailored fit · **JKT-02** Single-breasted, 2 buttons · **TRS-01** Classic straight trousers · **SKT-01** Pencil skirt · **ACC-07** Tie · **ACC-09** Neck scarf

Colours often chosen

Navy · Charcoal · White · Light blue · Burgundy

Standards to check

No safety standard is usually required. Ask for OEKO-TEX STANDARD 100 fabrics if your policy covers skin-contact textiles.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 02 / 11

Hotels & hospitality

A hotel dresses many departments that must still look like one property. Guests see front office, concierge, restaurants and the spa; behind the scenes, kitchens, laundries and engineering work in heat, and every garment goes through the in-house laundry.

Role	Typical garments	Fabric	Branding
Front office & concierge	Suit or blazer, shirt or blouse, trousers or skirt, tie or scarf	Poly-viscose suiting; easy-care shirting	Embroidered logo, name badge
Bell & door staff	Tailored tunic or jacket with trims, trousers, cap	Suiting with piping or braid	Crest, epaulettes
Food & beverage service	Shirt, waistcoat, trousers, bistro apron	Poly-cotton; suiting waistcoat; canvas apron	Logo on waistcoat or apron
Kitchen	Chef coat, trousers, apron, hat	Poly-cotton or cotton twill, mesh panels	Logo and name on chest
Housekeeping & laundry	Tunic or dress, trousers, apron	Colour-fast stretch poly-cotton	Small chest logo
Spa & wellness	Tunic, trousers	Soft stretch blends	Discreet logo
Engineering & security	Work shirt or coverall; guard uniform	Twill or drill; poly-viscose	Logo; role on the back

What matters most

- One palette and trim language across every department
- Fabrics and colours that survive the in-house laundry at its real temperatures
- A pre-opening plan working back from the opening date: design, samples, sizing, delivery
- A reserve of common sizes for new joiners and seasonal staff

Style options to look at

JKT-02 Single-breasted, 2 buttons · **JKT-12** Waistcoat · **COL-07** Wing collar · **ACC-08** Bow tie · **CHF-01** Double-breasted chef coat · **CHF-07** Bistro apron · **FRT-06** Princess seams · **ACC-12** Epaulettes

Colours often chosen

Black · Charcoal · Burgundy · Sand · Ivory

Standards to check

Kitchen staff follow your emirate's food-safety rules for protective clothing and hair restraints. Engineering teams may need hi-vis or flame-retardant garments under your site rules.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 03 / 11

Restaurants, cafés & catering

From quick service to fine dining, restaurant teams work fast, close to heat and steam, and in full view of guests. Their uniforms must keep the brand on show, hide the day's marks and wash clean every night.

Role	Typical garments	Fabric	Branding
Waiters & servers	Shirt or polo, trousers, waist or bistro apron	Poly-cotton; piqué	Logo on chest or apron
Baristas	T-shirt or polo, bib apron, cap	Jersey or piqué; canvas or denim apron	Printed or embroidered apron
Chefs & cooks	Chef coat, trousers, apron, hat	Poly-cotton twill; cotton for hot lines; mesh back	Name and logo on chest
Stewards & dishwash	Short-sleeve tunic or T-shirt, trousers, waterproof apron	Poly-cotton; coated apron	Logo
Delivery riders	Polo or T-shirt, jacket, cap	Performance knit; softshell	Large print on the back
Catering & events	Shirt, waistcoat or tunic, trousers	Easy-care poly-cotton	Logo

What matters most

- Stain-release finishes and darker aprons for front-of-house
- Breathable fabrics and mesh panels near ovens and grills
- Hair restraints and clean protective clothing for food handlers
- About twice as many aprons as coats, because aprons are changed more often

Style options to look at

CHF-01 Double-breasted chef coat · **CHF-02** Single-breasted chef coat · **CHF-04** Mesh-back chef coat · **CHF-05** Bib apron · **CHF-06** Waist apron · **CHF-07** Bistro apron · **CHF-09** Chef toque · **POL-01** Polo, 2-button placket

Colours often chosen

Black · White · Denim · Olive · Terracotta

Standards to check

Follow your emirate's food-safety requirements for food handlers' clothing and hair restraints.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 04 / 11

Medical & healthcare

Clinical uniforms are washed at high temperatures, worn through long shifts and read by patients at a glance. Comfort, durability and clear role identification matter as much as appearance.

Role	Typical garments	Fabric	Branding
Doctors	Lab coat, scrubs or shirt	Poly-cotton poplin; stretch scrub fabric	Name and department embroidered
Nurses	Scrubs, or tunic and trousers	Poly-cotton or poly-viscose stretch	Name; role colour
Theatre & ICU	Scrubs, caps, gowns	Scrub fabric; non-woven SMS	Colour coding
Reception & patient services	Blouse or shirt, trousers, scarf	Easy-care shirting	Logo and name badge
Porters & support	Polo or tunic, trousers	Poly-cotton; piqué	Role on chest or back
Laboratory & pharmacy	Lab coat	Poly-cotton	Name embroidery

What matters most

- Colour coding by role, so patients know who is who
- Fabrics that survive the wash temperatures your infection-control policy sets
- Stretch, pockets and pen slots where staff carry instruments
- Fluid-repellent or antibacterial finishes where your policy asks for them

Style options to look at

MED-01 V-neck scrub top · **MED-02** Y-neck scrub top · **MED-03** Mock-wrap scrub top · **MED-04** Side-fastening tunic · **MED-05** Drawstring scrub trousers · **MED-07** Jogger scrub trousers · **MED-09** Short lab coat · **MED-10** Full-length lab coat

Colours often chosen

Ceil blue · Navy · Teal · Wine · White

Standards to check

Surgical gowns and drapes are tested to EN 13795 or AAMI PB70; garments against infective agents to EN 14126. Your infection-control policy decides care and laundering.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 05 / 11

Schools & nurseries

School uniforms must be ready before the first day of term, stand up to children and constant washing, and match across years of reorders as pupils move up.

Role	Typical garments	Fabric	Branding
Nursery & KG pupils	Polo or T-shirt, shorts or skirt, PE kit	Piqué; jersey; poly-cotton	Embroidered crest
Primary & secondary pupils	Shirt or blouse, trousers, skirt or pinafore, blazer, tie	Poly-cotton shirting; poly-viscose	Crest on blazer and shirt
PE & sport	T-shirt, shorts, tracksuit	Performance polyester	Printed or sublimated house colours
Teachers & staff	Polo, shirt or blouse	Piqué; easy-care shirting	School logo
Bus & support staff	Polo, trousers, cap, hi-vis vest	Piqué; twill; hi-vis	Logo; hi-vis for traffic duty

What matters most

- Order well before the summer break, so stock is ready for the new year
- Size runs by age and height, with room to grow during the year
- Reinforced seams and knees, colour-fast fabrics
- Distribution packed by class, or by size for the school shop

Style options to look at

COL-01 Classic point collar · **POL-01** Polo, 2-button placket · **SKT-03** Pleated skirt · **JKT-02** Single-breasted, 2 buttons · **ACC-07** Tie · **TRS-01** Classic straight trousers · **OUT-03** Bomber jacket

Colours often chosen

Navy · Bottle green · Maroon · Grey · Sky blue

Standards to check

Many schools ask for OEKO-TEX STANDARD 100 fabrics for children's skin-contact garments (product class I for babies, class II for most uniforms).

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 06 / 11

Security

A security uniform must signal authority at a glance, keep guards comfortable through long shifts outdoors and carry radios, badges and equipment without losing its shape.

Role	Typical garments	Fabric	Branding
Static guards (indoor)	Shirt, trousers, blazer, tie	Poly-viscose; poly-cotton shirting	Crest, epaulettes
Patrol & outdoor	Ripstop shirt, cargo trousers, cap, jacket	Ripstop poly-cotton; performance knit	Role printed on the back
Supervisors	Shirt with ranked epaulettes, blazer	Suiting; shirting	Rank on epaulettes
Event security	Polo or T-shirt, hi-vis vest	Piqué; hi-vis polyester	Back print
Gate & traffic	Shirt, trousers, hi-vis vest, cap	Hi-vis fabrics	Retroreflective tape

What matters most

- Retroreflective elements for night and traffic duty
- Epaulettes, badge loops and reinforced pockets for equipment
- Breathable fabrics and caps for outdoor posts
- If a regulator approves your uniform design, share its requirements before sampling

Style options to look at

WRK-08 Work shirt with epaulettes · **TRS-03** Cargo trousers · **ACC-06** Beret · **ACC-12** Epaulettes · **ACC-10** Belt · **ACC-01** Six-panel cap · **WRK-05** Hi-vis vest · **OUT-01** Softshell jacket

Colours often chosen

Black · Navy · Light blue · Khaki · Hi-vis yellow

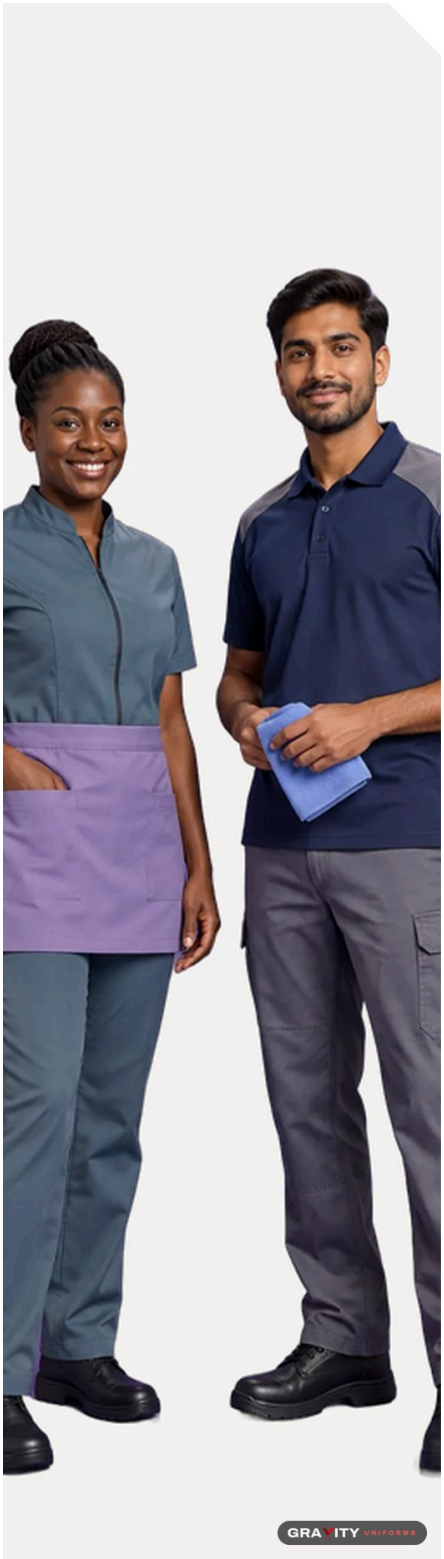
Standards to check

EN ISO 20471 for high-visibility garments where your site or traffic duty requires them.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 07 / 11

Housekeeping & cleaning

Housekeeping and cleaning teams bend, reach, carry and walk for most of their shift, and their uniforms are washed constantly with strong detergents. They also need to look neat, because guests, tenants and families see them every day.

Role	Typical garments	Fabric	Branding
Room attendants	Tunic or dress with stretch, trousers, apron	Stretch poly-cotton	Small chest logo
Public area attendants	Hard-wearing tunic or polo, trousers in darker shades	Colour-fast poly-cotton	Logo
Laundry teams	Lightweight tunic or polo	Breathable poly-cotton; mesh	Logo
Supervisors	Smarter tunic or a different colour	Poly-cotton	Name embroidery
Office & mall cleaners	Polo or tunic, trousers	Piqué; poly-cotton	Chest logo, back print
Deep-cleaning crews	Coverall; disposable coverall	Twill; non-woven SMS	Back print
Household staff	Maid and nanny uniforms	Cotton-rich, modest styles	Optional logo

What matters most

- Stretch or relaxed cuts with reinforced stress points
- Pockets sized for keys, cloths and phones, placed at the hip
- Darker shades or small patterns that hide marks between washes
- No fabric is fully bleach-proof: choose darker colours where bleach is used

Style options to look at

MED-04 Side-fastening tunic · **FRT-06** Princess seams · **CHF-06** Waist apron · **POL-01** Polo, 2-button placket · **WRK-01** Coverall, zip front · **TRS-04** Jogger trousers · **ACC-14** Coordinated headscarf

Colours often chosen

Grey · Navy · Teal · Plum · Sand

Standards to check

For chemicals or dust, disposable coveralls are tested as Type 6 (EN 13034) or Type 5 (EN ISO 13982-1).

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 08 / 11

Industrial workwear

In factories, warehouses, construction sites and plants, workwear is protective equipment first. Your risk assessment decides the standard; our job is to meet it in the lightest, most comfortable garment the protection allows.

Role	Typical garments	Fabric	Branding
Factory production	Coverall, or work shirt and trousers	Cotton drill; poly-cotton twill	Chest logo, name
Warehouse & logistics	Polo or hi-vis T-shirt, cargo trousers, vest	Piqué; hi-vis polyester	Back print
Construction & site	Hi-vis shirt or coverall, knee-pad trousers	Ripstop; hi-vis fabrics	Retroreflective tape
Oil, gas & petrochemical	Flame-retardant coverall, shirt and trousers	Inherent or treated FR fabric	FR-compatible decoration only
Electrical & maintenance	Work shirt; arc-rated garments where required	Arc-rated fabric	Labels per standard
Drivers & technicians	Work shirt, trousers, cap	Poly-cotton	Logo

What matters most

- The lightest fabric weight that still meets the role's protection in UAE heat
- Reinforced knees, double stitching and tool pockets
- Decoration that never weakens protection: no logos over hi-vis areas, FR-compatible thread
- Replace hi-vis and FR garments when worn, faded or damaged

Style options to look at

WRK-01 Coverall, zip front
WRK-02 Coverall, press-stud front
WRK-03 Two-piece work suit
WRK-04 Bib and brace
WRK-05 Hi-vis vest
WRK-06 Knee-pad trousers
WRK-07 Hi-vis coverall
WRK-08 Work shirt with epaulettes

Colours often chosen

Navy · Royal blue · Orange · Khaki · Hi-vis yellow

Standards to check

EN ISO 20471 (visibility), EN ISO 11612 and EN ISO 14116 (heat and flame), EN 1149-5 (static), IEC 61482-2 (electric arc), EN 343 (rain). See pages 39–40.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 09 / 11

Aviation

Aviation uniforms are among the most visible in any industry. Cabin and flight-deck crew represent the airline to every passenger, while ground, ramp and engineering teams work airside in heat, noise and traffic.

Role	Typical garments	Fabric	Branding
Cabin crew	Jacket, shirt or blouse, skirt or trousers, scarf or tie, hat	Poly-viscose or wool-blend suiting	Wings and insignia
Flight deck	Shirt with epaulettes, trousers, jacket, tie	Easy-care shirting; suiting	Rank stripes
Check-in & lounges	Blazer, shirt or blouse, trousers or skirt, scarf	Suiting	Logo, name badge
Ground & ramp	Coverall or work shirt, hi-vis	Twill; hi-vis fabrics	Retroreflective tape
Engineering	Coverall, work trousers	Twill or drill; anti-static where required	Logo

What matters most

- Styling that stays identical across bases, seasons and reorders
- Crease-resistant, travel-ready fabrics
- Ranks, wings and insignia applied consistently
- Hi-vis for every airside role

Style options to look at

JKT-02 Single-breasted, 2 buttons

SKT-01 Pencil skirt

ACC-09 Neck scarf

ACC-12 Epaulettes

ACC-06 Beret

WRK-07 Hi-vis coverall

COL-01 Classic point collar

Colours often chosen

Navy · Burgundy · Charcoal · Sky blue · Gold trim

Standards to check

EN ISO 20471 for airside visibility; EN 1149-5 where engineering teams work near fuel vapours.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 10 / 11

Sportswear & team kits

Team kit has to perform in heat, carry names and numbers, and look identical for every player, coach and supporter, from children's sizes to adult 4XL.

Role	Typical garments	Fabric	Branding
Players	Jersey, shorts, socks	Performance polyester	Sublimated design, names and numbers
Coaches & staff	Polo, tracksuit, jacket	Performance knit; softshell	Embroidered crest
School PE	T-shirt, shorts, tracksuit	Performance polyester	Printed house colours
Corporate sports days	T-shirt or jersey, cap	Performance knit	Print
Fans & events	T-shirts, scarves, caps	Cotton jersey	Screen print

What matters most

- Moisture-wicking, quick-drying fabrics; no fabric softener
- Sublimation for all-over designs on light polyester
- Heat transfer for individual names and numbers
- Performance kits are cut closer to the body: try sizes first

Style options to look at

POL-03 Quarter-zip neck · **POL-06** Crew-neck T-shirt · **OUT-03** Bomber jacket · **OUT-06** Hoodie · **ACC-01** Six-panel cap · **TRS-04** Jogger trousers

Colours often chosen

Red · Royal blue · White · Black · Green

Standards to check

No safety standard is usually required; OEKO-TEX STANDARD 100 is a common request for children's kits.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964



INDUSTRY 11 / 11

Promotional wear & events

Events, launches, exhibitions and national celebrations need branded garments quickly and in volume. The right print method for the artwork and quantity makes the difference in cost and finish.

Role	Typical garments	Fabric	Branding
Event staff	T-shirt, polo, cap, lanyard	Jersey; piqué	Screen print or DTF
Brand ambassadors	Polo, jacket, cap, bag	Piqué; softshell	Embroidery and print
National Day & Flag Day	T-shirts, caps, scarves, flags	Jersey; polyester flag fabric	Print in UAE colours
Campaign giveaways	T-shirts, caps, tote bags	Cotton jersey; canvas	Screen print
Exhibitions	Polo or shirt, blazer	Piqué; easy-care shirting	Embroidery

What matters most

- Choose the method by artwork and quantity: screen for volume, DTF for full colour and short runs
- A printed proof before production
- Sizes from children's to adult 4XL in one order
- Packing per team or venue for fast distribution

Style options to look at

POL-06 Crew-neck T-shirt · **POL-07** V-neck T-shirt · **POL-01** Polo, 2-button placket · **ACC-01** Six-panel cap · **ACC-13** Lanyard and ID holder · **OUT-06** Hoodie

Colours often chosen

UAE red · UAE green · White · Black · Brand colour

Standards to check

No safety standard is usually required.

Talk to us about your team

Book a free visit anywhere in the UAE: we bring fabric swatches, garment samples and size sets, and measure your team on site.

Call or WhatsApp +971 56 950 6964

02

PART 2

Garment styles

Every collar, cuff, pocket, fit and garment option, drawn and coded so you can specify exactly what you want.

Shirts and blouses: collars and cuffs	18
Shirts and blouses: fronts, fits and pockets	19
Polo shirts and T-shirts	20
Trousers and skirts	21
Suits, blazers and waistcoats	22
Chef and kitchen wear	23
Medical and care	24
Workwear and hi-vis	25
Outerwear, headwear and accessories	26



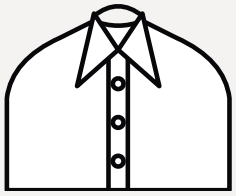
GRAVITY UNIFORMS

PART 2 · GARMENT STYLES

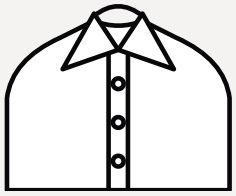
Shirts and blouses: collars and cuffs

The collar sets the tone of a uniform, from formal service to relaxed outdoor roles; the cuff decides how the sleeve finishes and fastens.

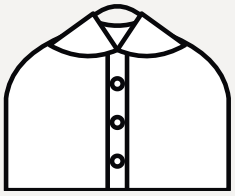
Collars



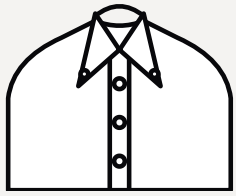
COL-01
Classic point collar
The everyday business collar



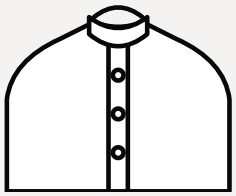
COL-02
Spread collar
Wider points; suits ties



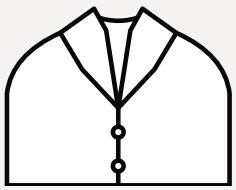
COL-03
Cutaway collar
Very wide, modern and formal



COL-04
Button-down collar
Points buttoned; smart casual



COL-05
Mandarin (band) collar
No points; clean and cool



COL-06
Camp (revere) collar
Open neck; relaxed roles



COL-07
Wing collar
Formal service with bow tie

Cuffs and sleeves



CUF-01
One-button barrel cuff
Standard shirt cuff



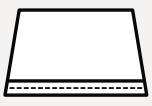
CUF-02
Two-button cuff
Firmer fit at the wrist



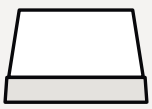
CUF-03
French (double) cuff
Folded back, with cufflinks



CUF-04
Convertible cuff
Button or cufflink

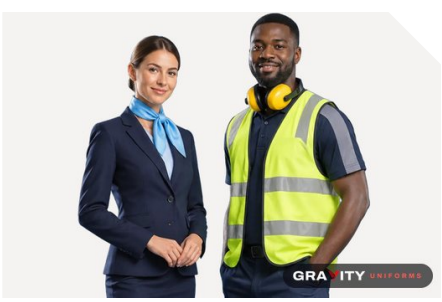


CUF-05
Short sleeve, plain hem
Cool for hot roles



CUF-06
Short sleeve, turned-up
Smarter short sleeve



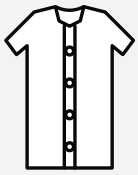




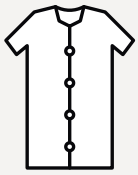
PART 2 · GARMENT STYLES

Fronts, backs, fits and pockets

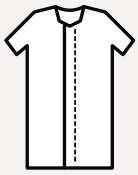
Fronts and backs



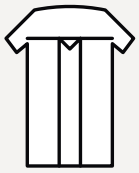
FRT-01
Standard placket
Visible button strip



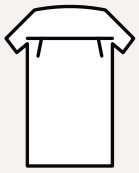
FRT-02
French front
No placket; cleaner look



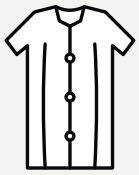
FRT-03
Concealed placket
Buttons hidden; formal



FRT-04
Box-pleat back
Room to move at the back



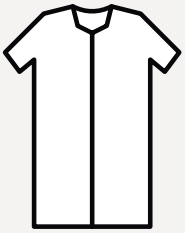
FRT-05
Side-pleat back
Movement for active roles



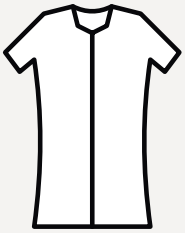
FRT-06
Princess seams
Shaped fit for blouses and tunics

Fits

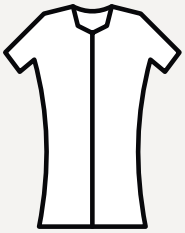
Offer more than one fit so every body shape looks right



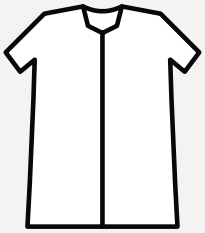
FIT-01
Regular fit
Straight; suits most builds



FIT-02
Tailored fit
Slight shape at the waist



FIT-03
Slim fit
Close to the body



FIT-04
Relaxed fit
Extra room for active roles

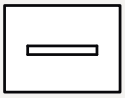
Pockets



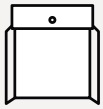
POC-01
Patch pocket
Sewn on the outside



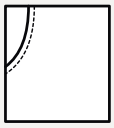
POC-02
Flap pocket with button
Keeps contents secure



POC-03
Welt (jetted) pocket
Slit pocket for tailoring



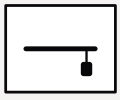
POC-04
Cargo (bellows) pocket
Expands to carry more



POC-05
Slant pocket
Trouser front pocket



POC-06
Pocket with pen slot
For clinical and office roles



POC-07
Zip pocket
Secure for phones and keys





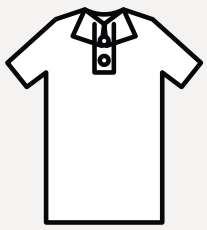


PART 2 · GARMENT STYLES

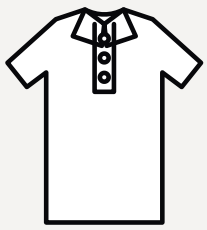
Polo shirts and T-shirts

Knitted tops are the most worn uniform garment in the world. Piqué breathes and takes embroidery well; performance knits wick sweat for outdoor and active roles; jersey takes print best.

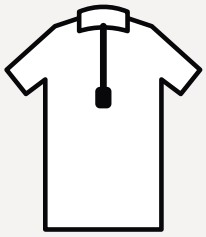
Styles and details



POL-01
Polo, 2-button placket
The classic staff polo



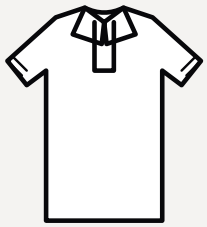
POL-02
Polo, 3-button placket
Longer, more open neck



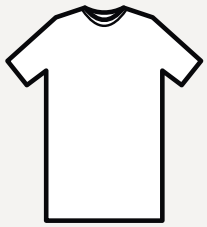
POL-03
Quarter-zip neck
Sporty; zips for air



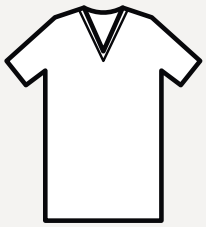
POL-04
Tipped collar and cuffs
Contrast stripes in brand colour



POL-05
Ribbed cuffs
Neat sleeve finish



POL-06
Crew-neck T-shirt
Events, promotions, sport



POL-07
V-neck T-shirt
Lighter, open neckline



Specify a polo by

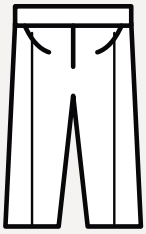
- Knit: piqué, interlock, performance or jersey
- Weight in GSM
- Placket: buttons, number of buttons, or zip
- Collar: knitted, self-fabric or tipped
- Sleeve: hemmed or ribbed; short or long
- Fit: men’s, women’s or unisex
- Branding method and position

PART 2 · GARMENT STYLES

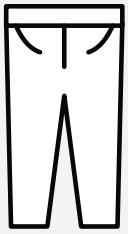
Trousers and skirts

Choose the leg for the role and the waist for the wearer: side-elastic and drawstring waists fit a wider range of people from fewer sizes.

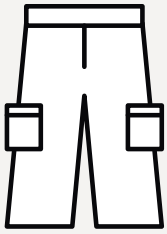
Leg shapes



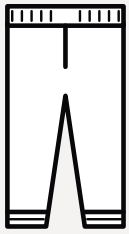
TRS-01
Classic straight trousers
Pressed crease; formal



TRS-02
Slim tapered trousers
Modern, narrower leg

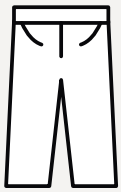


TRS-03
Cargo trousers
Thigh pockets for kit

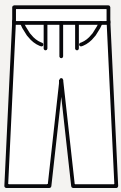


TRS-04
Jogger trousers
Elastic waist and ankles

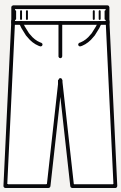
Fronts and waists



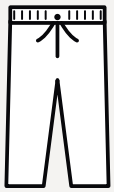
TRS-05
Flat front
Clean, modern line



TRS-06
Pleated front
Extra room at the hip

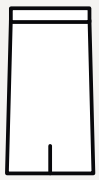


TRS-07
Side-elastic waist
Smart front, flexible fit

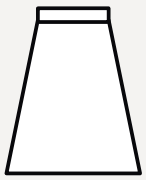


TRS-08
Drawstring waist
Adjustable; kitchens and care

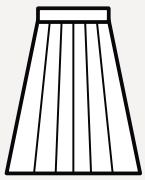
Skirts



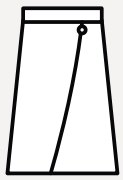
SKT-01
Pencil skirt
Straight, with back vent



SKT-02
A-line skirt
Easy movement



SKT-03
Pleated skirt
Schools and tradition



SKT-04
Wrap skirt
Adjustable overlap





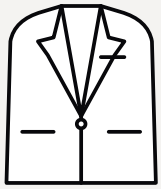


PART 2 · GARMENT STYLES

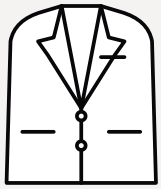
Suits, blazers and waistcoats

Tailored garments carry the most authority. Button count, lapel and vent change the character of a jacket; made to measure gives every wearer the same sharp line.

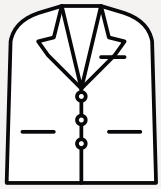
Closures



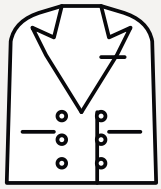
JKT-01
Single-breasted, 1 button
Sleek and modern



JKT-02
Single-breasted, 2 buttons
The standard business blazer

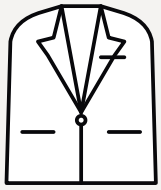


JKT-03
Single-breasted, 3 buttons
Higher, traditional closure

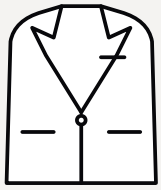


JKT-04
Double-breasted
Formal; ceremonial roles

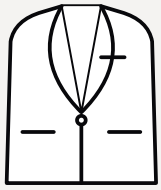
Lapels and collars



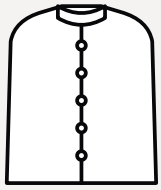
JKT-05
Notch lapel
Versatile everyday lapel



JKT-06
Peak lapel
Formal and commanding

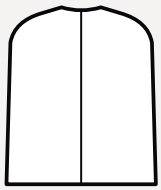


JKT-07
Shawl lapel
Evening and banquet service

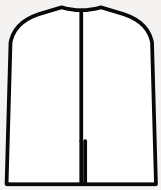


JKT-08
Mandarin-collar jacket
No lapel; clean front

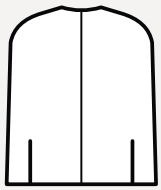
Back vents and waistcoat



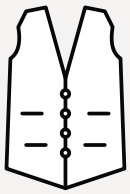
JKT-09
No vent
Sleek back



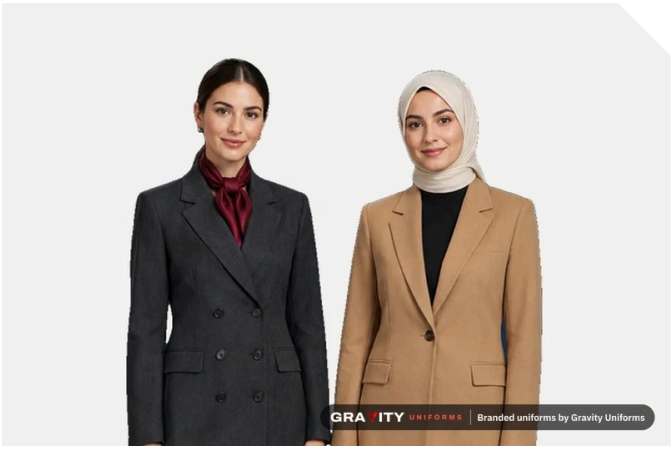
JKT-10
Centre vent
Ease when seated



JKT-11
Side vents
Drapes well when moving



JKT-12
Waistcoat
Bar, F&B and reception





PART 2 · GARMENT STYLES

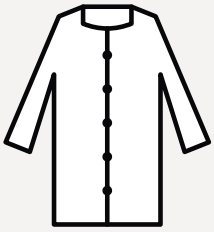
Chef and kitchen wear

Kitchen garments protect as well as present: double-breasted fronts can be reversed to hide spills, and long sleeves and aprons guard against heat and splashes.

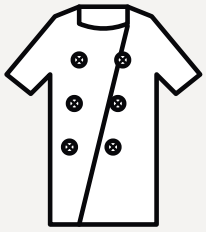
Chef coats



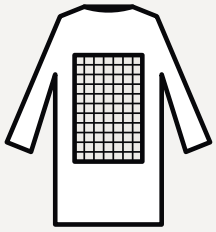
CHF-01
Double-breasted chef coat
Knot buttons; reversible front



CHF-02
Single-breasted chef coat
Press studs; quick to change

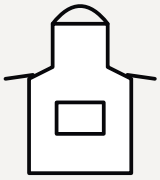


CHF-03
Short-sleeve chef coat
For the hottest lines

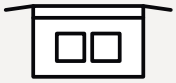


CHF-04
Mesh-back chef coat
Air flow across the back

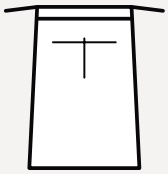
Aprons



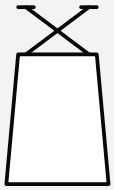
CHF-05
Bib apron
Full front cover



CHF-06
Waist apron
Service and cafés

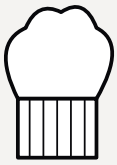


CHF-07
Bistro apron
Long waist apron for waiters



CHF-08
Cross-back apron
No neck strain

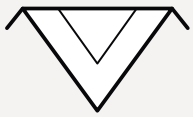
Headwear and neckwear



CHF-09
Chef toque
Pleated traditional hat



CHF-10
Skull cap
Covers hair closely



CHF-11
Neckerchief
Absorbs sweat; adds colour



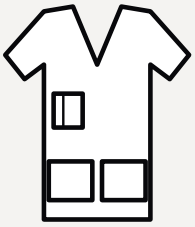


PART 2 · GARMENT STYLES

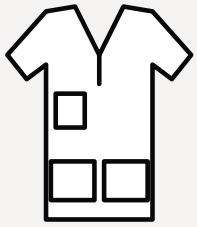
Medical and care wear

Scrubs and tunics are washed hot and often. Choose necklines and pockets by role, and stretch where staff lift and bend.

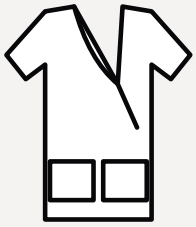
Tops and tunics



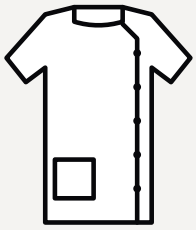
MED-01
V-neck scrub top
The classic scrub top



MED-02
Y-neck scrub top
Neater neckline

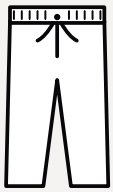


MED-03
Mock-wrap scrub top
Shaped, women's fit

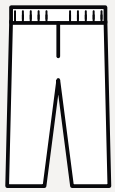


MED-04
Side-fastening tunic
Clinics, care and spa

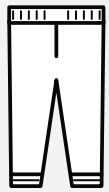
Trousers



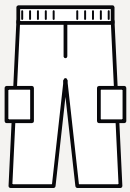
MED-05
Drawstring scrub trousers
Adjustable waist



MED-06
Elastic-waist trousers
Easy on and off



MED-07
Jogger scrub trousers
Cuffed ankles

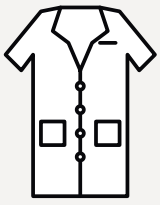


MED-08
Cargo scrub trousers
Extra pockets

Lab coats



MED-09
Short lab coat
Hip length; consultations



MED-10
Full-length lab coat
Knee length; lab protection



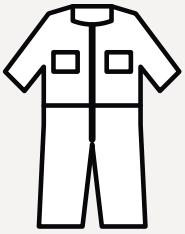


PART 2 · GARMENT STYLES

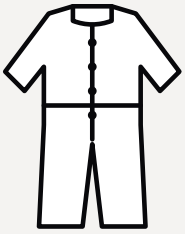
Workwear and hi-vis

Work garments are judged by how long they last and how safely they work. Choose closures that suit the task, pockets for the tools carried and the visibility class the site needs.

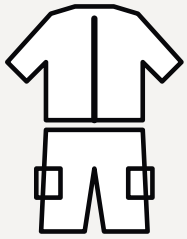
Coveralls and suits



WRK-01
Coverall, zip front
Quick on and off



WRK-02
Coverall, press-stud front
No metal zip

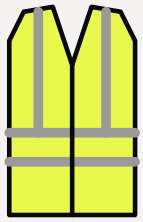


WRK-03
Two-piece work suit
Jacket and trousers

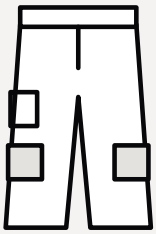


WRK-04
Bib and brace
Free arms in heat

Visibility and protection



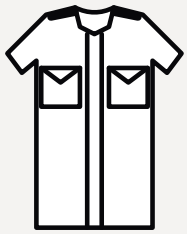
WRK-05
Hi-vis vest
Fluorescent with reflective bands



WRK-06
Knee-pad trousers
Pockets for knee pads



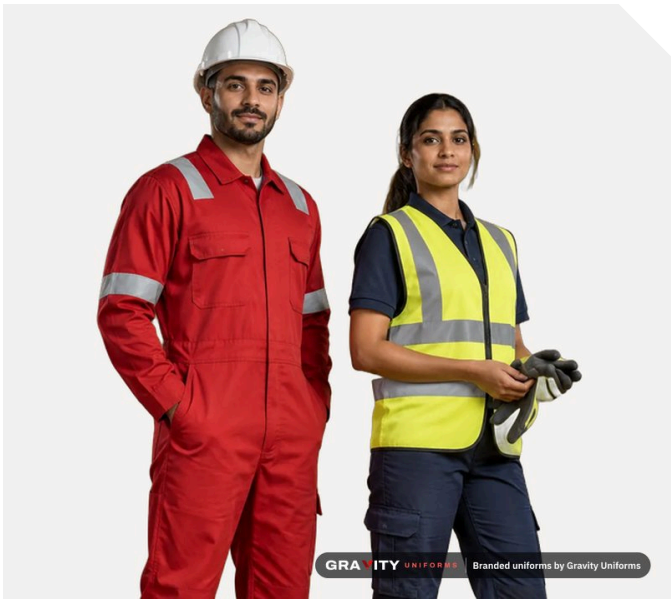
WRK-07
Hi-vis coverall
Full-body visibility



WRK-08
Work shirt with epaulettes
Security and technical roles

Reinforced knees, double stitching, bar-tacked pocket corners and tool loops extend the life of workwear. For certified hi-vis, FR or anti-static garments, see the standards in Part 5.

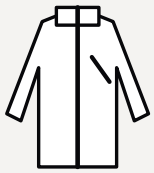




PART 2 · GARMENT STYLES

Outerwear, headwear and accessories

Outerwear and layers



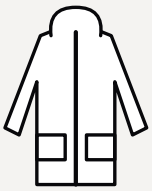
OUT-01
Softshell jacket
Wind- and shower-resistant



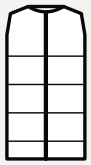
OUT-02
Fleece
Warm layer for air conditioning



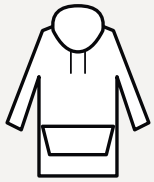
OUT-03
Bomber jacket
Ribbed collar, cuffs and hem



OUT-04
Parka
Hooded; outdoor winter shifts



OUT-05
Gilet
Core warmth, free arms



OUT-06
Hoodie
Events, teams, casual roles

Headwear



ACC-01
Six-panel cap
Curved peak



ACC-02
Flat-peak cap
Streetwear style



ACC-03
Trucker cap
Mesh back for air



ACC-04
Sun visor
Shade without heat



ACC-05
Bucket hat
All-round sun cover

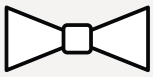


ACC-06
Beret
Security and ceremonial

Neckwear and accessories



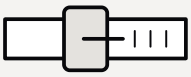
ACC-07
Tie
Plain, striped or logo



ACC-08
Bow tie
Formal service



ACC-09
Neck scarf
Front desk and cabin crew



ACC-10
Belt
Plain or logo buckle



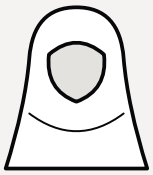
ACC-11
Name badge
Pin or magnet



ACC-12
Epaulettes
Ranks and roles



ACC-13
Lanyard and ID holder
Printed with your brand



ACC-14
Coordinated headscarf
Matches the uniform palette

03

PART 3

Fabrics and trims

Fibres, weaves, weights and finishes, plus the buttons, zips and small parts that make a uniform work.

Fibres, weaves and knits	28
Uniform fabrics compared	29
Finishes, climate and colour	30
Buttons and zips	31
Trims and small parts	32



GRAVITY UNIFORMS

PART 3 · FABRICS

Fibres, weaves and knits

Three things describe a uniform fabric. The fibre content tells you what it is made of: a 65/35 poly-cotton, for example, is 65% polyester and 35% cotton. The construction tells you how it is made: woven fabrics such as poplin, twill and gabardine are stable and crisp, while knitted fabrics such as jersey and pique stretch and feel softer.

Fibre	Character	Good for	Watch for
Cotton	Soft, breathable, absorbent	Shirts, chef wear, hot roles	Creases, can shrink and fade
Polyester	Strong, quick-drying, keeps colour and shape	Blends, performance knits, hi-vis	Less breathable alone; can hold odour
Viscose (rayon)	Smooth drape, cool feel	Suiting blends, blouses, scrub blends	Weaker when wet; gentle care
Wool and wool blends	Natural drape, resilient	Suits and blazers for senior roles	Usually dry clean; warmer
Elastane (spandex)	Stretch and recovery in small amounts	Trousers, scrubs, blouses	Sensitive to very hot washing and drying
Nylon (polyamide)	Very strong, abrasion resistant	Outerwear, reinforcements	Can feel warm
Flame-resistant fibres	Resist flame by nature (for example aramids, modacrylic)	FR workwear	Higher cost; follow care exactly
Polypropylene (non-woven)	Light, single use	Disposable gowns, coveralls, caps	Not reusable

Weaves and knits at a glance

Poplin	Fine, smooth plain weave; shirts and lab coats
Oxford	Basket weave with texture; casual shirts
Twill	Diagonal rib; strong, hides marks
Gabardine	Tight twill with a smooth face; trousers and blazers
Drill	Heavy, tight weave; workwear
Ripstop	Grid of strong yarns that stops tears spreading
Canvas	Heavy plain weave; aprons and bags
Piqué	Textured knit that breathes; polo shirts
Jersey	Smooth single knit; T-shirts
Interlock	Double knit, smooth both sides; premium polos
Fleece and French terry	Brushed or looped back; warm layers
Mesh	Open knit for ventilation panels
Softshell	Stretch face bonded to a fleece back; jackets
SMS non-woven	Layered non-woven; gowns and coveralls



Reading a label

"65/35 poly-cotton twill, 210 GSM" means 65% polyester and 35% cotton, woven as a twill, weighing 210 grams per square metre.

PART 3 · FABRICS

Uniform fabrics compared

The weights below are typical industry ranges, not the specification of a particular fabric. The weight of each fabric we offer is confirmed when we quote.

Fabric	Typical weight	Best for	Pros	Cons	Care
Poly-cotton shirting (poplin, oxford)	100–160 GSM	office shirts, blouses, waiter and security shirts	breathable, easy-care, keeps a crisp collar	less soft than pure cotton	30–40°C, hang to dry
Cotton shirting	100–160 GSM	shirts where comfort comes first	soft, breathable	creases, can shrink and fade	follow label, iron while slightly damp
Polyester-viscose suiting and gabardine	180–300 GSM	trousers, skirts, blazers, waistcoats	holds a crease, resists wrinkling, lighter than wool	less breathable than cotton	gentle wash or dry clean per label
Cotton or poly-cotton twill and drill	180–300 GSM	work shirts, cargo trousers, coveralls, chef coats	strong, abrasion resistant	heavier weights are warm	industrial washing tolerated per label
Scrub fabrics (poly-cotton, stretch blends)	140–200 GSM	scrubs, tunics, housekeeping	quick drying, frequent-wash durability	high-stretch blends may need cooler washes	per facility policy and label
Cotton jersey	140–220 GSM	T-shirts, event wear	soft, takes print well	can lose shape and shrink	wash inside out, do not iron on print
Pique knit (cotton or poly-cotton)	180–240 GSM	polo shirts	breathable texture, takes embroidery well	pure cotton pique can fade	30–40°C, reshape while damp
Performance polyester knit	120–180 GSM	outdoor polos, sportswear, PE kits	lightweight, moisture-wicking, quick drying	can hold odour; avoid softener	cool wash, line dry
Fleece and French terry	250–350 GSM	hoodies, sweatshirts, winter layers	warm and light	can pill	wash inside out, low heat
Canvas and heavy cotton	200–350 GSM	aprons, bags	very durable, softens with washing	stiff when new	treat stains before washing
Flame-retardant fabrics	commonly 180–350 GSM depending on fibre and protection level	roles where your risk assessment requires them	protection against heat and flame	heavier and more costly	follow the manufacturer exactly
Hi-vis fabrics	vests often 100–150 GSM; shirts and coveralls about 150–300 GSM	roadside, warehouse, site and airside roles	visible by day and, with retroreflective tape, at night	fluorescence fades with wear and washing	per label, replace when faded
Non-woven polypropylene and SMS	25–60 GSM	disposable coveralls, gowns, caps, shoe covers	single-use hygiene and contamination control	not reusable, less breathable	dispose of after use

Fabric is easiest to judge in the hand. At our showroom on Al Manama – Ras Al Khaimah Road you can compare weight, stretch and colour in daylight, and see how embroidery and print look on each fabric. If you cannot visit, our specialists bring swatches to your premises.

PART 3 · FABRICS

Finishes, climate and colour

Finishes and what they do

Easy-iron / wrinkle-resistant	Shirts that stay neat through the day
Stain release / soil release	Food service, aprons, housekeeping
Moisture-wicking	Outdoor teams, sport, hot kitchens
Fluid-repellent	Healthcare and laboratories
Antibacterial	Healthcare and care roles
Water-repellent (DWR)	Outerwear for showers and wind
UV protection	Outdoor roles in strong sun
Mechanical or elastane stretch	Roles that bend, reach and drive

Some fabrics carry finishes that add performance: easy-iron and wrinkle-resistant finishes for shirts, stain-release finishes for food service, moisture-wicking finishes for knits, and antibacterial or fluid-repellent finishes for healthcare. Availability varies by fabric, so tell us what you need and we will confirm which fabrics offer it before quoting.

Choosing fabric for UAE heat

- Breathability matters more than weight alone: an open weave or wicking knit can feel cooler than a lighter, dense fabric
- Lighter colours reflect more sun for outdoor roles; darker colours hide marks but absorb heat
- Plain woven polyester can feel warm; blends with cotton or viscose, or performance knits, feel cooler
- Long sleeves in a breathable fabric protect skin from direct sun
- Indoor staff in strong air conditioning may need a light layer, such as a blazer, waistcoat or knit

Colour that works

Colours carry meaning. These associations are common across industries; your brand comes first.

- **Navy** · Trust and authority: corporate, security, aviation
- **Black** · Formality and elegance: F&B, hospitality, events
- **White** · Hygiene and clarity: chefs, clinical roles
- **Burgundy** · Warmth and premium service: hotels, lounges
- **Teal and ceil blue** · Calm and care: healthcare, spa
- **Hi-vis yellow and orange** · Safety, never decoration

Matching your brand colour

Bring a Pantone reference or a physical sample to the visit and we will show the closest fabric colours. Fabric is dyed in lots, so order matching garments together, and keep your approved colour on record for reorders.



PART 3 · TRIMS

Buttons and zips

Buttons and fasteners



BTN-01
Two-hole button
Shirts and blouses



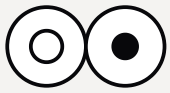
BTN-02
Four-hole button
Strongest sewn hold



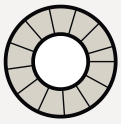
BTN-03
Shank button
Blazers and coats



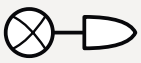
BTN-04
Metal crested button
Security, aviation, ceremonial



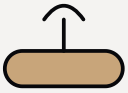
BTN-05
Press stud (snap)
Fast fastening; workwear, chefs



BTN-06
Tack button
Hammered on; heavy cotton



BTN-07
Cloth knot button
Traditional chef coats

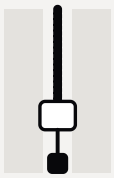


BTN-08
Toggle
Outerwear and aprons

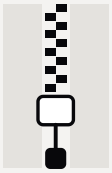


BTN-09
Removable stud
Taken out before washing

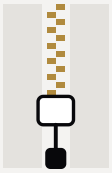
Zips



ZIP-01
Nylon coil zip
Light and flexible



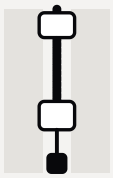
ZIP-02
Moulded plastic zip
Chunky; jackets



ZIP-03
Metal zip
Durable; workwear



ZIP-04
Invisible zip
Skirts and dresses



ZIP-05
Two-way open-ended zip
Opens from both ends; coveralls



ZIP-06
Water-resistant zip
Coated tape; outerwear

Button sizes

Size	mm	Typical use
14L	8.9	Collar points, button-down collars
16L	10.2	Shirt cuffs, light blouses
18L	11.4	Shirt fronts, polo plackets
24L	15.2	Blazer sleeves, waistcoats
32L	20.3	Blazer fronts
36–40L	22.9–25.4	Coats and outerwear

Buttons are measured in lignes: 1 ligne = 0.635 mm. Typical sizes; each style is confirmed on the sample.

Zip gauges

Gauge	Typical use
#3	Light garments, skirts, pockets
#5	Jackets, coveralls, trousers
#8 / #10	Heavy outerwear

Removable buttons for chefs

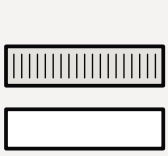
Stud buttons are taken out before washing, so they last longer and do not damage the coat in the machine.

PART 3 · TRIMS

Trims and small parts

Small parts decide how a uniform works in daily use: how fast it opens, what it carries and how it survives the laundry.

Closures, carrying and details

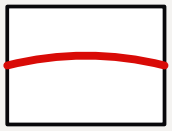


TRM-01
Hook-and-loop
Removable badges and patches

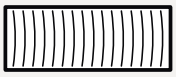


TRM-02
Drawcord and stopper
Hoods, hems and waists

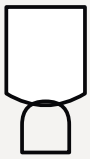
TRM-03
Retroreflective tape
Night visibility



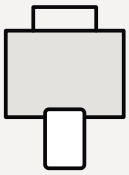
TRM-04
Piping
Contrast edge in brand colour



TRM-05
Elastic
Waists and cuffs



TRM-06
Hammer loop or D-ring
Tools and keys



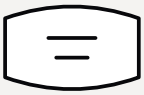
TRM-07
ID card loop
Holds a badge clip



TRM-08
Woven brand label
Your name inside the neck



TRM-09
Care label
Fibre content and care symbols



TRM-10
Printed neck label
Tag-free comfort

Labels and finishing

Brand label

A woven label with your name inside the neck adds a finished, premium feel.

Care label

Fibre content, care symbols and size. Share it with your laundry partner.

Name and size tags

Help distribution and returns when sets are packed per person.

Reflective tape

Sewn or heat-applied; never cover it with logos, and replace garments when it fades.



04

PART 4

Branding, sizing and care

How logos are applied and placed, how to size a whole team and how to make uniforms last.

Decoration methods compared	34
Where the logo goes	35
Measuring and sizing a team	36
Care symbols and laundering	37



PART 4 · BRANDING

Decoration methods compared

In our Ras Al Khaimah workshop we embroider and print using screen printing, DTF, heat transfer and sublimation, and recommend the method that suits your artwork, garment, quantity and deadline.

Method	Best for	Detail	Durability
Embroidery	Logos, crests, names on shirts, polos, jackets, caps	Fine text below about 4 mm tall loses detail	Highest; survives frequent washing
Screen printing	Larger runs of one design with few colours	One screen per colour	High
DTF printing	Full colour, gradients, photos; small runs	Fine detail	Good; wash inside out
Heat transfer	Individual names, numbers, variable text	Clean lettering	Good; no ironing on print
Sublimation	All-over designs on light polyester	Photographic	Permanent; part of the fibre

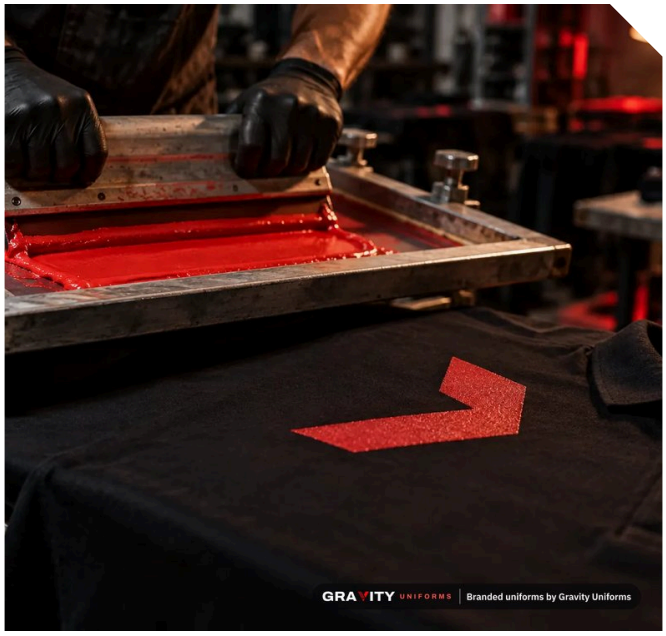
Preparing your artwork

- Vector artwork (AI, EPS, PDF or SVG) gives the sharpest result
- High-resolution images also work for DTF
- Give Pantone references for brand colours
- Approve a stitched sample or a print proof before production
- Your approved stitch file is kept, so reorders match

On protective garments

Never place logos over the hi-vis or reflective areas a standard requires, and use decoration that is compatible with flame-retardant garments.

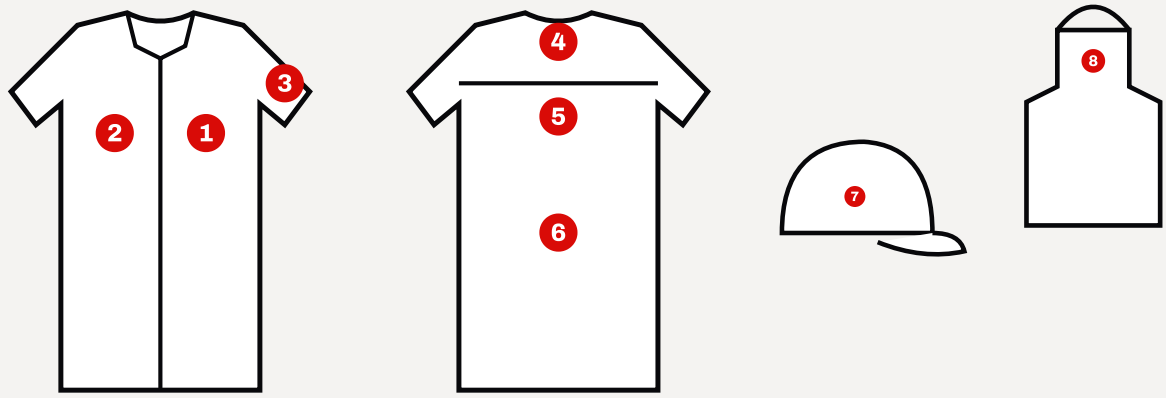




PART 4 · BRANDING

Where the logo goes

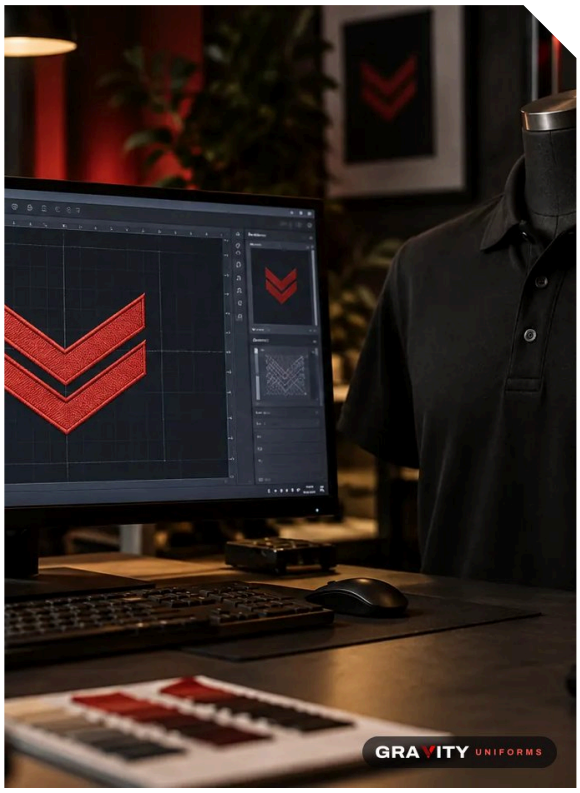
Typical positions and sizes used across the industry. We confirm size and position on the sample before production.



1	**Left chest**	7–10 cm wide
2	**Right chest (second logo or name)**	7–10 cm wide; names 6–10 mm letters
3	**Sleeve**	5–8 cm wide
4	**Back neck**	3–6 cm wide
5	**Back yoke**	up to about 25 cm wide
6	**Full back (role names such as SECURITY)**	up to about 30 cm wide
7	**Cap front**	up to about 5.5 cm high
8	**Apron bib**	8–15 cm wide

Names on every garment

Send a list of names with each person's sizes and we embroider and pack each set by person: common for healthcare, hospitality and security teams.



PART 4 · SIZING

Measuring and sizing a team

To size a uniform, measure chest, waist, hips, sleeve, inseam and height over light clothing with a soft tape, then compare with the chart for that style. Gravity Uniforms offers letter sizes XS to 4XL, size sets to try on at its Ras Al Khaimah showroom or your premises, and on-site measurement sessions for teams.

How to measure

- Chest: around the fullest part of the chest, under the arms and across the shoulder blades, with the tape level
- Waist: around the natural waist, the narrowest part of the torso; for trousers, also measure where the waistband is usually worn
- Hips: around the fullest part of the hips and seat, with feet together
- Sleeve: from the shoulder point, where the shoulder meets the arm, down the outside of a slightly bent arm to the wrist bone
- Inseam: from the crotch to the ankle along the inside of the leg; the easiest way is to measure a pair of trousers that fit well
- Height: standing straight against a wall without shoes, from the floor to the top of the head
- Neck, for collared shirts: around the base of the neck, with one finger between the tape and the neck

Which measurements matter for each garment

- Shirts and blouses: chest, neck and sleeve
- Trousers and skirts: waist, hips and inseam
- Blazers and jackets: chest, shoulders and sleeve
- Scrubs and tunics: chest and hips; trouser inseam
- Coveralls: chest and height
- Polo shirts and T-shirts: chest
- School uniforms: height and chest for younger children, plus waist and inseam for trousers

Shirt collar sizes (typical)

Size	cm	inches
S	37–38	14½–15
M	39–40	15½–16
L	41–42	16½
XL	43–44	17–17½
2XL	45–46	18
3XL	47–48	18½–19

Three ways to size a team

- Size sets at the showroom: staff, or a few representatives, try sample garments in each size at our Ras Al Khaimah showroom on Al Manama – Ras Al Khaimah Road
- On-site sessions: our team visits your premises anywhere in the UAE with size sets and a tape measure, working department by department so operations are not disrupted; women are always measured by women
- A size list: you collect sizes and measurements yourself, using the measuring steps on this page, and send them to us in a spreadsheet

If someone is between sizes

- Workwear, coveralls and housekeeping uniforms: choose the larger size, because people need room to bend, kneel and reach
- Tailored jackets and blazers: choose the size that fits the shoulders; sleeves and waists can be adjusted
- Trousers: choose by waist and hips; the length can be hemmed
- Performance and sports kits: these are usually cut closer to the body, so try before ordering
- Children: allow some room for growth during the school year

Each style is cut differently, so garment measurements are confirmed for each style when you order.

PART 4 · CARE

Care symbols and laundering

The symbols on a care label follow the international system (ISO 3758). The label always overrides general advice.

30 Machine wash at up to 30°C	40 Machine wash at up to 40°C	60 Machine wash at up to 60°C	Hand wash only	Do not wash	Any bleach allowed	Only non-chlorine bleach
Do not bleach	Tumble dry, low heat	Tumble dry, normal heat	Do not tumble dry	Line dry	Dry flat	Iron at low temperature
Iron at medium temperature	Iron at high temperature	Do not iron	P Professional dry clean, common solvents	F Professional dry clean, hydrocarbon solvents only	W Professional wet clean	Do not dry clean

How fabrics cope with frequent and industrial washing

Uniforms are often washed after every shift, sometimes in commercial or industrial laundries with high temperatures and strong detergents. Poly-cotton blends and polyester-rich fabrics usually keep their size and colour best. Pure cotton can shrink and fade, knits can lose shape or pill, and hi-vis fabrics gradually lose brightness. If your uniforms go to a laundry partner, share the care labels with them and ask which programmes they use.



Care basics that make uniforms last

- Always follow the care label; it overrides general advice
- Wash similar colours together and whites separately
- Turn printed and dark garments inside out
- Press embroidery and prints from the reverse side
- Avoid chlorine bleach on coloured garments and embroidery thread
- Avoid fabric softener on performance, hi-vis and flame-retardant fabrics unless the label allows it
- Do not overload dryers, and line dry where possible

05

PART 5

Standards and ordering

The safety standards tenders ask for, how we work, and a specification sheet for your request for quotation.

Protective clothing standards, part 1	39
Protective clothing standards, part 2	40
Ordering with Gravity Uniforms	41
Uniform specification sheet	42
Glossary	43



GRAVITY UNIFORMS

PART 5 · STANDARDS

Protective clothing standards, part 1

Plain-language summaries of the standards most often written into tenders and site rules. Your risk assessment decides which apply.

EN ISO 20471 · High visibility

Fluorescent background material for daylight and retroreflective material for the dark. The class is set by the smallest visible area of each, measured on the smallest size.

Class	Background m²	Reflective m²	Use
1	0.14	0.10	Lowest; often a supplement to other garments
2	0.50	0.13	Vests and T-shirts for most site work
3	0.80	0.20	Highest; covers the torso with bands on sleeves or legs

In the United States the equivalent is ANSI/ISEA 107, with garment types O (off-road), R (roadway) and P (public safety) and classes 1, 2, 3 and E.

EN ISO 11612 · Heat and flame

For workers exposed to heat or flame. Each code shows a tested hazard and its level; higher numbers mean more protection.

Code	Hazard
A1 / A2	Limited flame spread (surface / edge ignition); one is required
B1–B3	Convective heat
C1–C4	Radiant heat
D1–D3	Molten aluminium splash
E1–E3	Molten iron splash
F1–F3	Contact heat

EN ISO 14116

Limited flame spread, index 1 to 3. Index 1 garments must be worn over index 2 or 3 or EN ISO 11612 clothing, never against the skin. It does not cover heat.

EN 1149-5

Electrostatic dissipative clothing for explosive atmospheres, worn as part of an earthed system and covering non-compliant layers. Not for live electrical work.

IEC 61482-2

Protection against the thermal effects of an electric arc. Box test classes APC 1 and APC 2, or an open-arc rating (ATPV or ELIM) in cal/cm².







Summaries for orientation only; standards are revised, so always refer to the current edition named in your specification.

PART 5 · STANDARDS

Protective clothing standards, part 2

Chemical protection types

Type	Standard	Protects against
Type 3	EN 14605	Liquid jets
Type 4	EN 14605	Liquid spray
Type 5	EN ISO 13982-1	Airborne dry particles
Type 6	EN 13034	Light spray and splash

EN 14126 adds protection against infective agents and is shown after the type, for example “Type 6-B”. EN ISO 13688 sets the general requirements every protective garment must meet.

EN 343 · Rain

Marked with two numbers: water penetration class 1–4 and breathability class 1–4. Higher is better for both.

Medical gowns and drapes

AAMI PB70 · liquid barrier levels

Level	Barrier
1	Minimal fluid exposure
2	Low
3	Moderate
4	High; passes viral penetration test

EN 13795-1 · surgical gowns and drapes, standard or high performance, tested separately in critical and less-critical areas.

OEKO-TEX STANDARD 100

Class	Use
I	Babies and toddlers up to 36 months
II	Large skin contact: most uniforms
III	Little or no skin contact: outerwear, linings
IV	Decoration and furnishing

Using standards in your tender

- Name the standard and the class or level, not just the standard
- Ask for the certificate and test report for each certified garment
- Check the edition and the date on the certificate
- A fabric description alone is not a certification
- Keep logos off the areas a standard requires

Tell us the standard and class your role needs and we will confirm which garments meet it before quoting. We supply certified garments with their documentation; we never describe an uncertified garment as compliant.



PART 5 · ORDERING

Ordering with Gravity Uniforms

Every organisation's order follows the same steps, so your team always knows what has been agreed and what comes next.

01

Visit

We visit you anywhere in the UAE, or you visit the Ras Al Khaimah showroom. We bring fabric swatches, samples and designs, and take your team's measurements. Women are always measured by women.

02

Sample

You approve a sample before production starts.

03

Production

Cutting, sewing, embroidery and printing in our workshop, with a quality check after production and before packing.

04

Delivery

Packed and delivered to your location in any emirate.

What to include in your request for quotation

01 The roles to be dressed and the garments for each, for example shirts, trousers, tunics, chef coats, scrubs or coveralls

02 Headcount per role, with a size breakdown if you have one, or a request for on-site measurements

03 Working conditions: outdoor heat, kitchens, laundry rooms, chemicals or frequent industrial washing

04 Your logo file and where it should go: chest, sleeve, back or cap front, plus any staff names

05 Delivery sites, the date you need the uniforms and how they should be packed

06 How many sets each person receives, and how you expect to order for new staff and replacements

INCLUDED FREE

- Free appointment: we visit your premises anywhere in the UAE
- Free samples once the initial terms are agreed; the sample count is part of your order
- Free on-site measurements by our master cutter; women are always measured by women
- Free delivery across the UAE in Gravity Uniforms packing

Minimum order quantities, lead times and prices depend on the garment, the fabric and the branding method, so they are confirmed in each written quotation rather than in a price list. For company documents or details your vendor registration needs that are not listed on this site, contact our team and tell us what you need.

Let's plan your uniforms together

Call or WhatsApp **+971 56 950 6964** · Landline **+971 7 233 7296** · **info@gravityuniforms.com**

We also deliver to Saudi Arabia, Kuwait, Oman, Qatar and Bahrain.

Book a meeting on WhatsApp

Book a free visit online

Send your logo

PART 5 · ORDERING

Uniform specification sheet

Print this page or copy it into your request for quotation. Use the style codes from Part 2 and the fabrics from Part 3; leave anything you are unsure of blank and we will complete it with you.

Organisation

Contact person

Phone / WhatsApp

Email

Delivery sites and emirates

Date needed

Role	Garment	Style codes	Fabric	Colour	Branding & position	Qty

We would also like

- ☐ Book a free visit to our premises
- ☐ Size sets for staff to try
- ☐ On-site measuring
- ☐ Names embroidered
- ☐ Packed per person
- ☐ Certified protective garments (state standard and class)

Send it to us

info@gravityuniforms.com

WhatsApp **+971 56 950 6964**

Attach your logo, and a size list with one row per person if you have one.

Notes

REFERENCE

Glossary

Bar tack A dense row of stitches that reinforces stress points such as pocket corners.

Bellows pocket A pocket with folded sides that expands when filled.

Blend A fabric of two or more fibres, such as 65/35 poly-cotton: 65% polyester, 35% cotton.

Colour-fastness How well a fabric keeps its colour through washing, light and sweat.

DTF printing Direct-to-film: full-colour artwork printed on film and heat-pressed onto the garment.

Digitising Turning a logo into a stitch file that tells the embroidery machine where every stitch goes.

Drill A strong, tightly woven cotton or blend used for workwear.

Dye lot Fabric dyed in one batch. Small colour differences can appear between lots.

Elastane A stretch fibre (also called spandex) added in small amounts for comfort and recovery.

Epaulette A shoulder strap or board that carries ranks or role markings.

GSM Grams per square metre: the weight of a fabric.

Gabardine A tight twill with a smooth face, used for trousers, skirts and blazers.

Heat transfer Names, numbers or logos cut or printed on film and applied with heat.

Hi-vis Fluorescent fabric for daylight plus retroreflective tape for the dark.

Inherent FR Fabric whose fibres resist flame by nature, rather than through a finish.

Ligne The unit for button size: 1 ligne = 0.635 mm, so an 18L button is about 11.4 mm.

Made to measure A garment cut to one person's measurements instead of a ready size.

Mesh panel An open knit inserted for ventilation, often across the back.

Moisture-wicking A fabric that moves sweat away from the skin so it dries faster.

Non-woven Fabric made by bonding fibres instead of weaving or knitting; used for disposables.

OEKO-TEX STANDARD 100 A label showing every component was tested for harmful substances.

Pantone A colour reference system used to describe brand colours precisely.

Par level The number of sets each person needs to cover wearing, washing and spares.

Piqué A textured knit that breathes well; the standard polo fabric.

Placket The strip of fabric that holds the buttons on a shirt or polo.

Poplin A fine, smooth plain weave used for shirts and lab coats.

Retroreflective Material that sends light straight back to its source, such as headlights.

Ripstop A weave with a grid of stronger yarns that stops tears spreading.

SMS Spunbond-meltblown-spunbond: a layered non-woven used for gowns and coveralls.

Sample approval Signing off a finished sample before production starts.

Screen printing Ink pushed through a mesh screen, one screen per colour; economical in volume.

Sublimation Dye that becomes part of light polyester, for all-over designs.

Twill A weave with a diagonal rib; strong and good at hiding marks.

Yoke The shaped panel across the shoulders at the back of a shirt.

GRAVITY
UNIFORMS

BRING THIS BOOK TO YOUR MEETING

Mark the styles you like. We will bring the fabrics, samples and size sets.

A free visit anywhere in the UAE: we review your roles, show fabrics and garments, measure your team and send a written quotation with a sample plan. We also deliver to Saudi Arabia, Kuwait, Oman, Qatar and Bahrain.

Mobile	+971 56 950 6964
WhatsApp	+971 56 950 6964
Landline	+971 7 233 7296
Email	info@gravityuniforms.com
Website	www.gravityuniforms.com

Al Manama – Ras Al Khaimah Road, Al Uraibi, Ground Floor Retail, Ras Al Khaimah, United Arab Emirates

P.O. Box 2281, Ras Al Khaimah, UAE · QXG9+4G Ras Al Khaimah

ONLINE FORMS

- Request a quotation
- Book a free visit
- Send your logo
- Bulk supply for organisations

Book a meeting on WhatsApp

Bulk supply for organisations

Directions to the showroom



Photography in this book is AI-generated and illustrative and drawings are schematic; every uniform is made to the design each client approves. Standards are summarised for orientation; refer to the current edition. © 2026 Gravity Uniforms, Ras Al Khaimah, United Arab Emirates.